

PASTRIES

Croissant	chocolate / plain
Almond Croissant	chocolate / plain
Cinnamon Danish	
Vanilla Danish with Chocolate Chips	
Cheese Danish	
Apple Cheese Tart	
Date/Halva/Poppy Seed Pastry	
Vegan Phyllo Apple Pastry 	
Alfajores	
Brownies	
Cheese Pastry	
Orange Coconut Cake	
Chocolate Chip Cookie	
Rugalach	(1pc/2pcs)
Biscotti	
Almond Cookies	(1pc/3pcs)
Savory Pastries	
Bourekas Special	with hard boiled egg, tomato, tahini and pickles
Cheese Bourekas / Bulgarian Cheese Pocket	
Cheese Bourekas	
Phyllo Cheese Pastry	
Bulgarian Cheese Pocket	
Croissant Sandwich w/ Smoked Salmon	omelet with mushrooms, smoked salmon, cream cheese, spring onion, arugula, salt and black pepper. Served with a side of small salad: arugula, tomato, red onion, seasoned with olive oil

COLD DRINKS

Honey, Cold Pressed Ginger & Turmeric	Ginger and Turmeric root with lemon and cinnamon
Lemonade <small>Made at Aroma own factory</small>	served with ice
Bottled Water/Soda	
Soft Beverages/Flavored Water	
Iced Tea peach flavour	with ice
Diet Ice Tea	with ice, lemon & mint
Beer	bottle

ALL NATURAL FRESH JUICES, SQUEEZED ON THE SPOT

Beet, Apple, Carrot, Celery
Orange Juice
Carrot Juice
Orange Juice with Spirulina
Special Mix of Seasonal Fruits
Special Mix of Seasonal Fruits with Spirulina

HOT BEVERAGES

your choice of: whole milk / low-fat milk / soy milk ◦ extra whipped cream: 5

Honey, Cold Pressed Ginger & Turmeric Root	with lemon and cinnamon
Cappuccino	
Large Cappuccino	
Espresso	
Double Espresso	
Americano	espresso, hot water
Tea	in a variety of flavors
Black Coffee	freshly ground
Dutch Hot Chocolate	with whipped cream
Aroma Coffee	espresso, chocolate, warm milk, whipped cream, cocoa
Hot Chocolate	chocolate, hot frothed milk, cocoa
Hot Chocolate with Mini Marshmallows	chocolate, hot frothed milk, mini marshmallows, cocoa
Mocha Coffee	espresso, chocolate, hot frothed milk, cocoa
Sachlav	garnished with coconut, walnuts and cinnamon
Chai Latte	vanilla and cinnamon flavored
Con panna	Espresso, whipped cream
Affogato	Espresso with Vanilla Ice Cream

ICED DRINKS+ICE CREAM

Ice Aroma / Diet	
Ice Chocolate	
Ice Aroma w/ Ice Cream	
Ice Aroma w/ Cookies	
Iced Mint-Lemonade	
Ice Cappuccino	espresso, cold milk, ice
Ice Americano	Double Espresso, ice, water
Vegan Iced Coconut-Lychee 	
Coconut-Lychee Milkshake	
Fruit Shake	orange juice or milk based mix of seasonal fruits (date syrup recommended for milk based shake)
Vanilla Ice Cream with Toppings	choose 1 topping: brownies crumbs/  / tahini and halva chips extra topping: 3 nis flavored syrup: cherry / chocolate

COFFEE+PASTRY

cappuccino / americano / tea / espresso / double espresso
chocolate croissant / butter croissant
cinnamon danish / cheese pastry
vanilla danish with chocolate chips /
gluten free marble cake / date / halva / poppy seed pastry / brownies phyllo cheese pastry /
vegan phyllo apple pastry 

Large Cappuccino: extra 2 nis

GLUTEN FREE

products are pre-wrapped and cannot be opened by staff

Replacing bread with gluten-free roll when purchasing a salad, sandwich, or breakfast

GF Roll and butter

Marble Cake



BITE SIZED ROLL

Omelet, Halloumi, Greek, Chemed Cheese 🚫, Egg Salad, Tuna, Avocado, Yellow Hard Cheese, Chickpea Omelet 🌱



Whole wheat Bite sized rolls meet the Ministry of Health's recommendations for healthier nutrition.



The Whole bite sized roll has been tested and meets the criteria of Israel Diabetes Association. •A 40 gram Bite sized roll contains approximately 14.5 grams of available carbohydrates.



SMALL SALAD 🌱

An addition for bite sized rolls, sandwiches and soups.

- Green** arugula, tomatoes and red onion. Seasoned with olive oil.
- Israeli** tomatoes, cucumbers, parsley, red onion

SALADS

served with bread/bite sized rolls & butter, dressing

- Jerusalem** Tomatoes, cucumbers, croutons, tahini, grated hard boiled egg, hot chickpeas, red onion, parsley
- Aroma** lettuce, tomato, cucumber, 5% Bulgarian cheese, radishes, red onion, za'atar, sumac. seasoned with olive oil and served with lemon
- Tuna** tuna, lettuce, potato, corn, peas, hard-boiled egg, roasted eggplant, tomatoes, pickles, spring onions, red onions, parsley. seasoned with olive oil and served with lemon
- Chicken** hot diced chicken breast, white cabbage, red cabbage, red onion, carrot, sliced potatoes – roasted on the grill. Lettuce, tomato, parsley, spring onion and arugula. Seasoned with mayonnaise, olive oil and lemon juice dressing, black pepper
- Halloumi** slices of roasted halloumi cheese with white cabbage and roasted mushrooms, roasted pepper, red onion, roasted tomatoes, carrot, lettuce, parsley, arugula. Seasoned with olive oil and lemon juice dressing. On top Easy over egg
- Souk** 🌱 **vegan optional** tofu 🌱 / 5% Bulgarian cheese, tomatoes, cucumbers, white cabbage, red cabbage, Jala (mix of roasted seeds), mint, basil, olives served on the side. Seasoned with olive oil and lemon juice dressing

served without bread/bite sized rolls & butter

- Pasta** 🚫 pasta, roasted 5% Chemed cheese, olive tapenade, roasted tomato, red onion, mushrooms, spring onion, walnuts, rocket lettuce, basil, shatta pepper. Seasoned with olive oil, lemon juice and balsamic reduction
- Quinoa** 🌱 quinoa, lentils, mung bean, buckwheat, wheat, sweet potato, cranberries, walnuts, tomato, red onion, coriander, mint, basil, spring onion, raw tahini and sesame seeds. seasoned with sesame oil, salt, black pepper and lemon juice. can be topped with tofu 🌱 / chicken (approx. 100 grams) for an additional 3/10 nis
- Root Vegetable & Baked Salmon** carrot, beet, sunflower seeds, soy beans (edamame), yellow beans, peanuts, white cabbage, red cabbage, spring onion, red onion, basil, coriander, mint and satay sauce
- Israeli** 🌱 tomatoes, cucumbers, parsley, red onion. Served with tahini on the side
- Mediterranean Tomatoes** 🚫 roasted tomato, fresh tomato, olive tapenade, croutons, sheep's yogurt, tahini, hard boiled egg, spring onion, red onion, shatta pepper. Seasoned with olive oil & lemon dressing, salt and black pepper



EXTRAS

for sandwiches, salads, breakfast and toasted sandwiches | extras for half-sandwiches and bite sized rolls are half the price

Free Side-Orders

- Pickled Lemon Spread 🌱
- Tahini 🌱
- Pickles 🌱
- Olives 🌱
- Croutons 🌱
- Pesto 🌱
- Spicy Pepper Spread 🚫 🌱

3 nis

- Roasted Eggplants 🌱
- Low-Fat (5%) Cheese
- 5% fat Bulgarian Cheese
- Tofu 🌱
- *Hard-Boiled Egg
- Cream Cheese
- Peas 🌱
- Avocado Spread 🌱
- Olive Tapenade 🌱
- Hot Chickpeas 🌱
- Roasted Pepper 🌱
- Jala 🌱 (a mix of roasted soybeans and seeds)

6 nis

- Roasted Mushrooms 🌱
- 5% Chemed Cheese
- Halloumi Cheese
- Hard Yellow Cheese
- Tuna
- Chickpea Omelet 🌱
- Potato Slices 🌱
- Egg Salad
- Bread & Butter
- Hummus 🌱
- 2 bite sized rolls & Butter

10 nis

- Smoked Salmon (approx. 60 gr)
- Chicken Breast (approx. 100 gr)
- Sweet Potato Cubes 🌱 (approx. 100 gr)
- Quinoa mix 🌱
- Omelet (2 eggs)

15 nis

- Roast Beef (approx. 120 grams)
- Baked Salmon (approx. 100 grams)



BREADS



Whole wheat bread & light grain bread meet the Ministry of Health's recommendations for a healthier diet.



Whole wheat bread & light grain bread have been tested and meet the criteria of Israel Diabetes Association.

- Each slice of light grain bread (60 grams) contains about 13.5 grams of carbohydrates
- Each slice of whole wheat bread (60 grams) contains about 17.5 grams of carbohydrates



Vegan

vegan optional



Spicy



TOASTED SANDWICHES

All toasted sandwiches are served with a small salad: Israeli/green

- Chemed Cheese** 🚫 5% Chemed cheese, red onion, hard-boiled egg, olive tapenade, shatta pepper, roasted tomato, salt and pepper, seasoned with lemon.
- Mozzarella Cheese** mozzarella cheese, roasted tomato, roasted red onion, Pesto, black pepper
- Emek Cheese** hard yellow cheese, tomato, olive tapenade
- Kids Special** toasted sandwich with hard yellow cheese, served with sliced tomatoes & cucumber. your choice of small ice cream or 2 rugelach for an additional 3 nis



SANDWICHES

- Omelet** omelet, cream cheese, tomato, pickles, lettuce
- Halloumi** roasted halloumi cheese, cream cheese, tomato, pickles, lettuce
- Tuna** tuna, Aroma dressing, tomato, pickles, arugula
- Sabich** sliced potato, roasted eggplant, hard boiled egg, spicy pepper spread, pickles, tahini and parsley
- Avocado** avocado spread, hard boiled egg, tomato
- Chickpea Omelet** 🌱 vegan chickpea omelet, tahini, tomato, pickles, lettuce
- Fritata Omelet** fritata omelet with potato slices, spicy pepper spread, hummus, lettuce, tomato, pickles
- Salmon** smoked salmon, cream cheese, lettuce, red onion, lemon juice
- Roast Beef** hot roast beef, onion marmalade, white cabbage, tomato, mustard sauce honey, mayonnaise, olive oil lemon juice, salt and pepper
- Chicken Breast** roasted chicken breast, roasted pepper, red onion, aioli dressing, tomato, arugula

classic sandwiches

- Chemed Cheese** 🚫 5% chemed cheese, spicy pepper spread, lettuce, tomato, za'atar, olive oil
- Greek** 5% Bulgarian cheese, tomato, basil, olive oil
- Yellow Hard Cheese** hard yellow cheese, cream cheese, lettuce, tomato
- Egg Salad** freshly made egg salad, tomato, spring onion



BREAKFAST

- Israeli Breakfast** two eggs - any style*, small salad: israeli/green, served with bread/Bite sized rolls, butter, tahini sauce and olives (*scrambled eggs are made with three eggs) Your choice of 3 side orders from the variety of extras costing up to 6 nis
- Vegan Breakfast** 🌱 chickpea omelet, small salad: israeli/green, bread/Bite sized rolls, olives. Your choice of 3 side orders: roasted mushrooms, roasted pepper, roasted eggplant, tofu, avocado spread, warm chickpeas, sliced potato or olive tapenade
- Orange Breakfast** omelet (made with 2 eggs) with sweet potato, a side of smoked salmon, toasted bread with olive oil, cream cheese and spring onion. Served with a side of small salad: israeli/green
- Shakshuka** two eggs sunny side up, tomato and pepper sauce, parsley, bread/Bite sized rolls & butter. served with tahini
- Sunny Side Up Eggs On a Toasted Bread** two Sunny side up eggs on a buttered toasted bread with yogurt, diced tomato, za'atar, parsley, salt and pepper. Served with a side of small salad: israeli/green
- Yogurt Parfait** 0% yogurt and granola with seasonal fruits, (served with honey or date syrup on the side)
- Breakfast On-the-Go** one scrambled egg, tahini, finely chopped Israeli salad, red onion and parsley.

extra for changing beverage:

- Small hot beverage or small ice aroma/ice aroma diet/ice chocolate Free of charge
- Large ice aroma/diet ice aroma/ice chocolate/squeezed natural juices 3
- Fruit shake/vegan iced coconut-lychee 7
- Coconut-lychee Milkshake 8



SOUPS

Soups 🌱

with bread & butter/bite sized rolls & butter

- fresh vegetables with spices • no soup powder • no preservatives